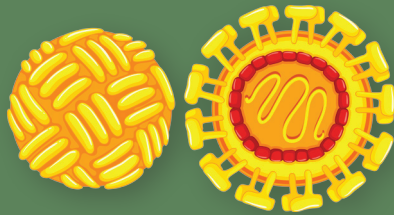


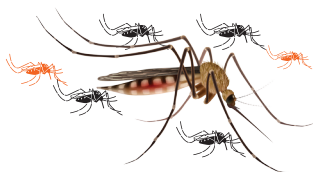
ZIKA



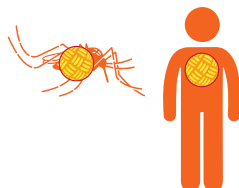
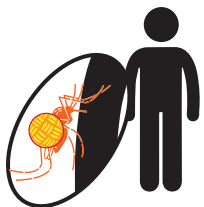
Protect yourself to protect others

HOW CAN IT SPREAD

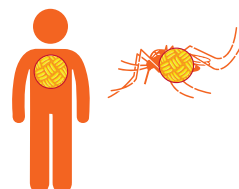
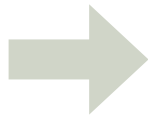
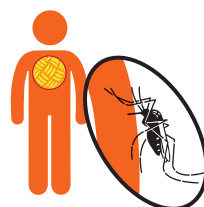
Zika is a virus spread by mosquitoes or people



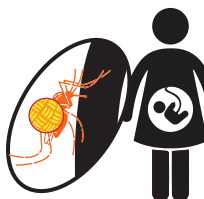
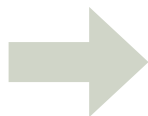
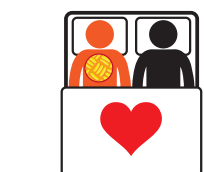
Mosquito to person:



Person to mosquito:



Person to person:



WHAT ARE THE COMMON SIGNS



Fever



Rash



Joint pain



Red eyes

These might only last a few days. But some people with Zika won't show any signs.

Talk to your doctor about testing for Zika if:

- ◆ You have signs of Zika or
- ◆ You are pregnant and you or your partner travelled to an area known to have Zika



WHAT HAPPENS IF YOU GET ZIKA

Zika doesn't affect everyone. But for some, the effects can be serious.

Unborn Babies

Babies can get Zika before they are born. Babies with Zika can have microcephaly. This is where a baby's head and brain are smaller than expected. Zika can affect the baby's hearing, mental ability and growth.



Adults

When adults get Zika, there is a chance of nerve damage. This can cause muscles to feel weak or numb. Zika can also cause paralysis. This is when a person can't move parts of their body.



MAGNUS

ENGLISH

www.magnuscorp.com/ffs/zika
Copyright © 2016, MAGNUS, Walnut, CA

Find this Free poster in more languages
At: magnuscorp.com/ffs/zika

Amharic	Farsi	Korean	Russian	Thai	Sorani (Kurdish)
Arabic	Gujarati	Lao	Serbian	Urdu	Swahili language
Armenian	Haitian Creole	Marathi	Somali	Vietnamese	Yoruba
Bengali	Hindi	Nepali	Spanish	African French	Fulani
Chinese (Traditional)	Hmong	Polish	Tagalog	Tigrinya	and more ...
European Portuguese	Khmer	Punjabi	Tamil	Badinani (Kurdish)	

Customized, content-edited versions available for your organization. Contact us at (800) 594-5818 or online at www.magnuscorp.com

FREE
OVER 30
LANGUAGES



IF YOU HAVE ZIKA

Zika *can't be treated or cured*.

Children under 18 should see a doctor.

If you are an adult with Zika, you can help your body feel better:

Get a lot
of rest



Drink a lot
of water



Take medicine
(acetaminophen)
for any fever
or pain



HOW TO PREVENT IT

Right now, there is **no vaccine** to prevent Zika. The best way to prevent Zika is to protect yourself and others. Here are some steps you can take:

Use bug spray
with DEET



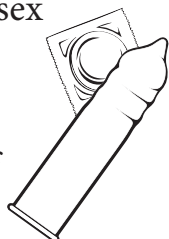
Wear long sleeve
shirts and pants



- ◆ Avoid travel to places where Zika is found
 - ☑ Go to <http://wwwnc.cdc.gov/travel/page/zika-information>

- ◆ Avoid spreading Zika through sex

- ☑ Use condoms; OR
- ☑ Wait to have sex after being in an area with Zika, even if you have no signs of Zika;



- **Women** - wait for 8 weeks after leaving the Zika area
- **Men** – wait for 6 months after leaving the Zika area

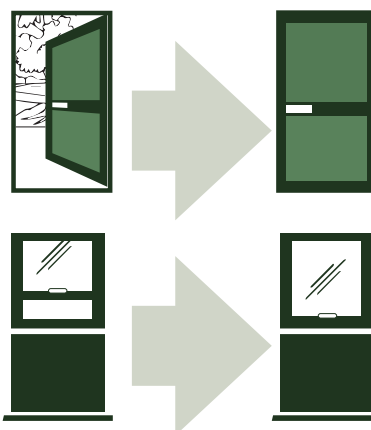
REMEMBER

You may have Zika and not know it. Protect yourself to protect others. Talk to your doctor if you have questions.

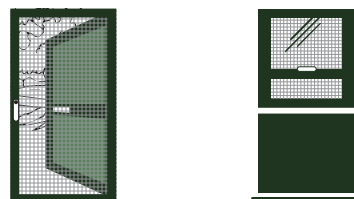


- ◆ Keep mosquitoes out of your home. Ask your doctor's office for more ideas.

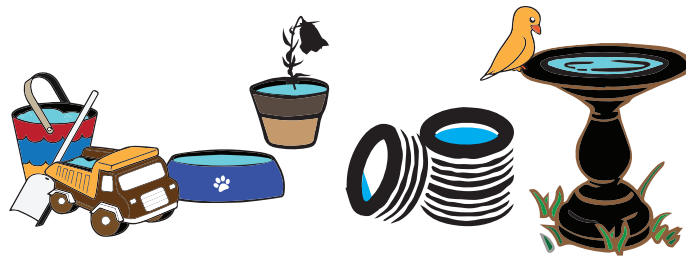
Keep doors and windows closed



Use screens on open doors and windows



Keep any items that could hold water (like plant pots and old tires) empty and clean



MAGNUS

ENGLISH

www.magnuscorp.com/ffs/zika
Copyright © 2016, MAGNUS, Walnut, CA

This fact sheet and the associated translations are provided free of charge by MAGNUS as a service to the public health community. This fact sheet may be printed, distributed and used in educational sessions, reports, presentations, displays, and for other purposes as long as it is done in accordance with the terms of use specified on the fact sheet license page, namely, that (1) the copyright notice and "watermark" are not removed, (2) the fact sheet is not modified, and (3) no more than two of these fact sheets are used in any one publication or internet site. Any other use requires prior written permission from MAGNUS. The fact sheet bears a watermark to remind users that it may not be modified and may be used only as noted above.

MAGNUS. The healthcare company that specializes in languages.

MAGNUS

Translating – Consulting
Multilingual Design – Content Development

LANGUAGE VALET™

Interpreting by telephone and Face-to-Face



InterpreterEd.com

Interpreter education and training